

# Public Document Pack



The following reports are Information Items for the attention for the Health Social Care and Wellbeing Scrutiny Committee.

**WELL-BEING OBJECTIVES 2016/17 - SIX MONTH REVIEW**



## HEALTH, SOCIAL CARE AND WELLBEING SCRUTINY COMMITTEE - INFORMATION ITEM

**SUBJECT: WELL-BEING OBJECTIVES 2016/17 - SIX MONTH REVIEW**

**REPORT BY: CORPORATE DIRECTOR SOCIAL SERVICES**

---

### 1. PURPOSE OF REPORT

- 1.1 The Local Government (Wales) Measure 2009 requires all local authorities in Wales to set and publish a set of priorities that improve the life of citizens. The Wales Audit Office (WAO) use Well-being Objectives and other data/information to evaluate the Council's annual progress on key performance indicators, measuring the outcomes and impact on the citizens of Caerphilly.
- 1.2 The report is to update elected members on the progress of the two following Well-being Objectives, for the six month period April 2016 – September 2016, and provide the service's evaluation of whether the Well-being Objectives are currently being delivered successfully or not;

**Well-being Objective 1 (WO1)** - To help people make the best use of their household income and manage their debts.

**Well-being Objective 3 (WO3)** - Close the gap in life expectancy for residents between the most and least deprived areas in the Borough.

### 2. SUMMARY

- 2.1 This report provides an update on the progress of Well-being Objectives 1 and 3 for the six month period April 2016 – September 2016. The detail and the progress made against individual targets and actions can be found in Appendices A & B.
- 2.2 Members are asked to note the report and that Well-being Objective 1 is adjudged to be partially successful, and Well-being Objective 1 successful, at this six month stage.

### 3. LINKS TO STRATEGY

- 3.1 The local Government Measure 2009 requires each authority to publish priorities for improvement.
- 3.2 The Well-being Objectives support the Single Integrated Plan, Caerphilly Delivers, and in Particular contribute to the Prosperous, Healthier, and Greener Caerphilly themes. The Well-being Objectives also support the Council's Anti-Poverty Strategy.

- 3.3 The Well-being Objectives contribute to the following Well-being Goals within the Well-being of Future Generations Act (Wales) 2015:
- A resilient Wales
  - A prosperous Wales
  - A healthier Wales
  - A more equal Wales

#### 4. THE REPORT

- 4.1 The detail of the Well-being Objective action plans and the progress made against individual targets and actions can be found in **Appendix A & B**. Where possible a six month updates on the data/actions has been presented in the report, and have been colour coded to indicate if the indicators are on track to achieve their target for 2016-17.
- 4.2 **Well-being Objective (WO1)** – The main outcome of this priority is to introduce policies concerned with boosting households' resources so that Caerphilly residents are able to improve their income levels and are better able to meet their own needs. Poverty harms people's prospects and damages their long term future. It also places a burden on public resources and services. It is in all our interests to tackle poverty. Caerphilly Council is committed to ensuring its residents are able to live fulfilled lives and are not prevented from enjoying an acceptable standard of living due to economic, social or cultural disadvantage.
- 4.3 We are on target in supporting children to access placements and this is significant in view of engagement in the new Flying Start areas.
- 4.4 We are continuing to actively promote take up of Free School Meals, using established media channels and also working with schools and other partners. The information issued highlights the benefits to families and schools of eligible parents/carers completing Free School Meal applications. Uptake of Free School Meals in Secondary schools remain similar when compared with the same period last year and whilst Primary School uptake is up by almost 2% on the same period last year.
- 4.5 We visited 1125 Council tenants affected by welfare reform changes and provided them with advice and support in their own homes. We referred 576 other residents to commissioned deb/financial support services, although this is below our 6 month target. We have supported 1131 people to access benefits they are entitled to (Supporting People), this is already well above our target for the year. The value of financial savings generated for tenants as a direct result of face to face support was £134,905.
- 4.6 We judge the current status of Well-being Objective 1 Well-being Objective at the six month period to be partly successful.
- 4.7 **Well-being Objective (WO3)** - The main outcome of this priority is to improve the lifestyles of our local population so that people recognise and take responsibility for their own health and well being. In turn this will reduce the variation in healthy life expectancy so that health and well being of individuals experiencing disadvantage improves to the levels found among the advantaged.
- 4.8 Resources within this arena have been significantly reduced over the past few years. This is impacting on the availability of funds and the capacity to deliver. Welsh Government have recently announced a review of the Communities First programme to establish a new approach to meet the challenges of the future. The new approach will focus on three key areas of employment, early years and empowerment. Caerphilly Communities First are significant planning and delivery partners for this Well Being Objective as well as the Healthier Theme of the Caerphilly Single Integrated Plan.
- 4.9 We judge the current status of the Well-being objective at the six month period to be successful because:

- Adult smoking rates continue to decline and the percentage of children in Wales classed as a regular smoker has fallen since 1998.
- Over 3750 residents, living in our most deprived communities, have attended a Living Well Living Longer Health Check.
- The Healthy and Sustainable Pre-School Scheme continues to be very successful with 15 childcare settings having completed the whole scheme and 10 on a waiting list to join. There are 62 settings currently active within the scheme.
- Opportunities for community based self-help support for people living with mild to moderate mental health conditions have increased.
- Local community physical activity opportunities have increased

## 5. WELLBEING OF FUTURE GENERATIONS

- 5.1 The Well-being Objectives are also consistent with five ways of working set out in the sustainable development principle, as defined in the Act. The scheme is integrated in that it contributes to a number of the Well-being goals and supports the objectives of other stakeholders working towards the same outcomes within the community. Many of the actions depend upon collaboration across organisational boundaries; working together for the good of our communities in pursuit of shared objectives. Both objectives take a long term view with many improvements only demonstrable over a generation. Many interventions also rely on and promote a broad opportunity for involvement, encouraging individuals to take responsibility for their own health and well-being. Overall, there is a clear emphasis on prevention to secure a sustainable healthy future for our communities and a commitment to ensuring its residents are able to live fulfilled lives and are not prevented from enjoying an acceptable standard of living due to economic, social or cultural disadvantage.

## 6.1 EQUALITIES IMPLICATIONS

- 6.1 There are no equalities implications to this report that have not been considered or would adversely affect any individual or group who fall under one of the protected characteristics or wider issues as shown in the Council's Strategic Equality Plan.

## 7. FINANCIAL IMPLICATIONS

- 7.1 There are no direct financial implications associated with this report.

## 8. PERSONNEL IMPLICATIONS

- 8.1 There are no personnel implications associated with this report.

## 9. CONSULTATIONS

- 9.1 All responses from consultations have been incorporated into this report.

## 10. RECOMMENDATIONS

- 10.1 Members are asked to note the content of the report and the judgement of Well-being Objective (WO1) to be **partially successful** at the six month stage.
- 10.2 Members are asked to note the content of the report and the judgement of Well-being Objective (WO3) to be **successful** at the six month stage.

## **11. REASONS FOR THE RECOMMENDATIONS**

- 11.1 The Council is required to undertake effective scrutiny for setting and monitoring of performance improvement.
- 11.2 To advise members of progress made at the half way stage in meeting the Well-being Objectives and to gain their agreement on the judgement of the progress made to date.

## **12. STATUTORY POWER**

- 12.1 The Local Government Measure 2009.

Author: Robert Hartshorn – Head of Public Protection  
Consultees: Chris Burns – Interim Chief Executive  
Dave Street – Corporate Director Social Services  
Councillor Nigel George – Cabinet member for Community & Leisure Services  
Councillor David Hardacre – Cabinet Member for Performance  
Councillor Elaine Forehead – Anti Poverty Champion  
Kathryn Peters – Corporate Policy Manager  
Ros Roberts – Corporate Performance Manager  
Anwen Rees, Senior Policy Officer (Equalities and Welsh Language)  
David Roberts, Principal Group Accountant  
Shaun Watkins, HR Manager

Appendices:  
Appendix A Well-being Objective 1 – Six month progress report.  
Appendix B Well-being Objective 3 – Six month progress report.

# 2016/17 Wellbeing Objective

**WO1 -To help people make the best use of their household income and manage their debts**

APPENDIX 1

## Outcomes

To introduce policies and support programmes that help with boosting households' resources so that Caerphilly residents are able to improve their income levels and are better able to meet their own needs.

## Why we chose this?

Poverty harms people's prospects and damages their long term future. It also places a burden on public resources and services. It is in all out interests to tackle poverty. Caerphilly Council is committed to ensuring its residents are able to live fulfilled lives and are not prevented from enjoying an acceptable standard of living due to economic, social or cultural disadvantage.

In addition, current welfare reforms are having a large and disproportionate impact upon residents in our borough and knock-on consequences for our local economy, compared to the UK as a whole. This is why this Well-being Objective is concentrated in the area of income maximisation and debt management for households most at risk of poverty across our borough. Caerphilly has above average levels of unemployment, economic inactivity and deprivation and this undermines our ability to deliver many other successes.

When we chose this objective the data showed that Caerphilly had the highest proportion of workless households of any local authority in Wales. As of February 2016 the unemployment rate in Caerphilly was 7.9% compared with 6.3% in Wales and 5.4% in the UK. The proportion of people economically inactive in Caerphilly as of September 2015 stood at 28.6% compared with 24.9% in Wales and 22.3% in the UK. The latest figures can be found on page 2.

A greener place to live, work and visit  
Man gwyrddach i fyw, gweithio ac ymweld



# 2016/17 Wellbeing Objective

## WO1 -To help people make the best use of their household income and manage their debts

**For the year 2016/17** the overall level of progress to date on this objective is deemed to be **partially successful**.

As of September 2016 the unemployment rate in Caerphilly is 5.5%, down from 7.9% a year earlier; compared with 4.7% in Wales and 4.9% in Great Britain. The proportion of people economically inactive people in Caerphilly as of September 2016 stands at 24.4%, falling from 28.6% a year earlier; compared with 25.2% in Wales and 22.2% in Great Britain. The percentage of workless households in Caerphilly in 2015 was 19.7%, compared with 18.3% in Wales, and 15.3% in Great Britain.

### What have we done well over the last 6 months

Although this is a long term objective we are specifically working towards achieving and exceeding the targets for referring residents for support with managing debts and accessing benefits.

We are on target in supporting children to access placements and this is significant in view of engagement in the new Flying Start areas.

We are continuing to actively promote take up of Free School Meals, using established media channels and also working with schools and other partners. The information issued highlights the benefits to families and schools of eligible parents/carers completing Free School Meal applications. Uptake of Free School Meals in Secondary schools remain similar when compared with the same period last year and whilst Primary School uptake is up by almost 2% on the same period last year.



We visited 1125 Council tenants affected by welfare reform changes and provided them with advice and support in their own homes. We referred 576 other residents to commissioned deb/financial support services, although this is below our 6 month target. We have supported 1131 people to access benefits they are entitled to (Supporting People), this is already well above our target for the year. The value of financial savings generated for tenants as a direct result of face to face support was £134,905.

### What areas do we need improve on, and how are we going to do it?

The collection of updates and information from a wide range of service providers for debt and income support has proved challenging.

**WO1 -To help people make the best use of their household income and manage their debts**



**Actions**

Title	Comment	RAG	Overall Status	% Complete
Ensuring all pupils eligible for Free School Meals are in receipt of their entitlement	Catering Services regularly review management information regarding meal uptake in schools. If any school is not meeting their set target catering area supervisor will put an action plan together which will include promoting school meals and investigate why schools are not on target. We also tweet regularly promoting FSM. An article was published in September 2016 in Caerphilly Newsline promoting FSM. In December 2016 all Head Teachers were written to asking them to remind parents of the benefits of free school meals.		In Progress	65
Promote quality, accessible and affordable childcare provision to enable families to improve their income through accessing education, learning and employment	<p>Assisted Places Scheme: In 2016/17 the Families First grant has funded 51 children to access time limited childcare provision through 53 placements in the Assisted Places scheme and the Supported Places scheme in quarters 1 and 2.</p> <p>The Out of School grant continues to support the set up of new provision where there are gaps highlighted by the Childcare Sufficiency Assessment.</p> <p>Flying Start programme has developed 21 CCBC sessional childcare settings and contracted 16 non-maintained childcare settings to enable increased local access to funded childcare places for 26 Flying Start areas. In 2016/17 term 1 212 children were eligible for new placements, 203 were offered a full 5 session placement per week and 9 offered partial week placements; of these 186 took up the full offer and 8 took up the partial offer. 28 of these placements were offered in Welsh medium settings and 23 took up the placement.</p>		In Progress	80



**WO1 -To help people make the best use of their household income and manage their debts**

**Actions**

Title	Comment	RAG	Overall Status	% Complete
Well-being Objective Action - Provide residents with information and advice on a range of social welfare issues to enable them to increase household income, manage debt and develop skills to improve their financial capability	This wellbeing action is ongoing. The tenancy support officers continue to offer support to tenants on a wide range of social welfare issues. However due to the continuous changes to the welfare benefits system new challenges are frequently faced by our tenants. The support officers are on target to offer support to over 2000 tenants this year		In Progress	85
Well-being Objective Action - Support Council tenants to reduce the impact of rising fuel costs. The impact of this advice will be captured during follow up visits with a selection of the tenants	All 4 tenancy support officers are trained to level4 city and guilds in energy advice. Advice is offered to tenants at each visit, take up of advice is higher during the winter months where fuel bills are higher. We are on target and 146 tenants have been provided with energy advice and support.		In Progress	85

**WO1 -To help people make the best use of their household income and manage their debts**

**How much did we do?**

Title	Actual	Target	Intervention	RAG	Result 12 months ago	Comment
1. Number of council tenants visited and provided with advice regarding energy saving measures and energy use	146.00	100.00	75.00		109	This figure is cumulative for the 1st 6 months. The annual target is 200.
2a. Number of children benefiting from Flying Start Childcare provision	212.00	250.00	200.00		167	This is the total for Term 1. The annual target is 500.
2b. Number of children accessing childcare places through Assisted Places Scheme	51.00	40.00	30.00		935	The annual target is 88.
3. The number of council tenants referred for money and debt advice as a direct result of face to face support on the impact of welfare reforms	105.00	75.00	50.00		102	Target exceeded for the year this figure is the cumulative for the first 6 months. The annual target is 150.
4. Number of other residents referred to commissioned debt/financial support services	576.00	1000.00	750.00		309	The annual target is 2000.
5. The number of council tenants affected by welfare reforms who were visited in their own homes and provided with advice and support to minimise the impact of the changes	1125.00	1000.00	750.00		1028.00	Target exceeded for this quarter. The annual target is 2000.
6. The number of our staff who have undertaken the All Wales Academy e-learning Financial Inclusion & Tackling Poverty course	8.00	40.00	30.00		17	The annual target is 80.

**How well did we do it?**

Title	Actual	Target	Intervention	RAG	Result 12 months ago	Comment
1a. % of eligible pupils taking up the opportunity to access Free School Meals - Primary (Qtly accum - Year to date)	68.17	70.00	67.00		66.37	This is an excellent result as figures have increased by almost 2% from the same period last year. Promotion of Free School Meals will continue and it is hoped that pupils eligible for Free Schools Meals will take the opportunity of having a nutritious and well balanced meal.
1b. % of eligible pupils taking up the opportunity to access Free Meals - Secondary (Qtly accum - Year to date)	60.77	64.00	55.00		60.74	This is a good result and Catering Services continue to promote Free School Meals. The new cashless catering systems / online payment system has proved to be very popular by parents and children. Parents are able to view their child's purchases online and this system removes the discrimination of others knowing who are eligible for Free School Meals. It is hoped that pupils eligible for Free School Meals will take the opportunity of having a nutritious and well balanced meal.
2. % of tenants and residents referred by the Council to CAB debt support service and responded to survey who rated the service as good or better		75.00	65.00		74	This data is not collected anymore as we did not consider the indicator added any value. We have no input into the quality of the service delivery of the independent CAB service and tenants often were not happy to answer this question on the survey. We had very few responses which meant the performance indicator was not meaningful.

**WO1 -To help people make the best use of their household income and manage their debts**

**Is anyone better off?**

Title	Actual	Target	Intervention	RAG	Result 12 months ago	Comment
1. The value of financial savings generated for tenants as a direct result of face to face support	134905.00	150000.00	120000.00		270650	This figure is the 6 month cumulative. The annual target is £300,000.
2. Number of people supported to access benefits they are entitled to - Housing	674.00	300.00	200.00		395	The annual target of 600 has already been achieved.
3. Number of people supported to access benefits they are entitled to - Supporting People	1131.00	325.00	200.00		N/A	The annual target is 650.

# 2016/17 Wellbeing Objective

**WO3 - Close the gap in life expectancy for residents between the most and least deprived areas in the borough**

APPENDIX 2

## Outcomes

The main intention of this priority is to improve the lifestyles of our local population so that people recognise and take responsibility for their own health and well being. In turn this will reduce the variation in healthy life expectancy so that health and well being of individuals experiencing disadvantage improves to the levels found among the advantaged.

## Why we chose this?

The CCBC vision is that Caerphilly County Borough is a better place to live, work and visit. This must be for all residents. Residents living in areas of high deprivation have statistically significantly higher levels of ill-health including deaths from chronic obstructive pulmonary disease, deaths from lung cancer, diabetes, mental illness and respiratory disease.

This objective was identified by CCBC in 2015, as data from Public Health Wales (2005-09) showed that there was an inequality gap in life expectancy of 8.5 years for males, and 7.8 years for females. This is the difference in life expectancy between those people living in the most and least deprived communities across our county borough. The gap for healthy life expectancy was 19.2 years for males and 17.4 years for females. This gap had increased in recent years.

Unhealthy lifestyle choices are significantly higher in more deprived areas and this creates risk factors that could impact upon the health of our residents especially smoking, obesity, physical inactivity and unhealthy diet. It is a priority of Welsh Government (Fairer Outcomes for All 2011) that by 2020 we need to improve healthy life expectancy for everyone and close the gap between each level of deprivation by an average of 2.5%. There are 5 levels in total, 1 being the most affluent and 5 being the most deprived.



A greener place to live, work and visit  
Man gwyrddach i fyw, gweithio ac ymweld



# 2016/17 Wellbeing Objective

## WO3 - Close the gap in life expectancy for residents between the most and least deprived areas in the borough

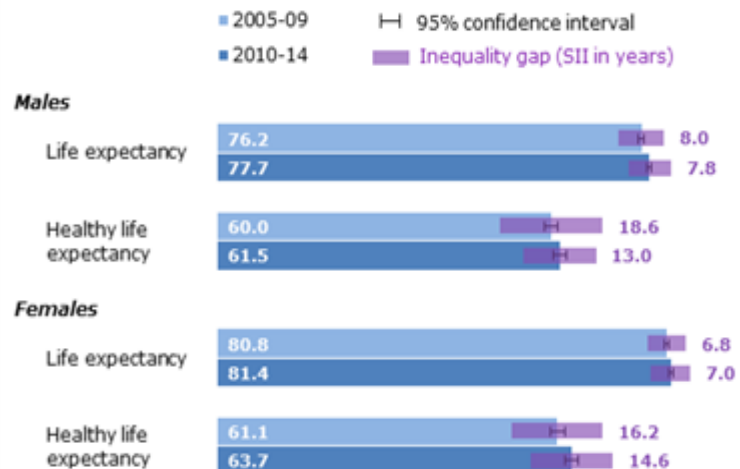
For the year 2016/17 the overall level of progress to date on this objective is deemed to be **successful**.

In both Wales as a whole and in the county borough, health in general is improving. People are living longer and mortality rates from cancer and heart diseases are reducing. Since the publication of this objective the latest data released in 2016 by Public Health Wales shows an improving picture for Caerphilly residents

Page 12

Comparison of life expectancy and healthy life expectancy at birth, with Slope Index of Inequality (SII), Caerphilly, 2005-09 and 2010-14

Produced by Public Health Wales Observatory, using PHM & MYE (ONS), WHS & WIMD 2014 (WG)



The gap in years in the life expectancy and healthy life expectancy at birth of males between the most and least deprived in the county has reduced. The healthy life expectancy gap in males reduced from 18.6 years to 13 years. For females, whilst the gap in overall life expectancy has increased by 0.2 years, the gap in years for healthy life expectancy has reduced by 1.6 years.

# 2016/17 Wellbeing Objective

## What have we done well over the last 12 months?

- Adult smoking rates continue to decline.
- The % of children in Wales classed as a regular smoker has fallen since 1998.
- Over 3750 residents, living in our most deprived communities, have attended a Living Well Living Longer Health Check
- The Healthy and Sustainable Pre-School Scheme continues to be very successful with 15 childcare settings having completed the whole scheme and 10 on a waiting list to join. There are 62 settings currently active within the scheme
- Opportunities for community based self help support for people living with mild to moderate mental health conditions have increased
- Local community physical activity opportunities have increased

Page  
3

## What areas do we need improve on, and how are we going to do it?






Resources within this arena have been significantly reduced over the past few years. This is impacting on the availability of funds and the capacity to deliver. Welsh Government have recently announced a review of the Communities First programme to establish a new approach to meet the challenges of the future. The new approach will focus on three key areas of employment, early years and empowerment. Caerphilly Communities First are significant planning and delivery partners for this Well Being Objective as well as the Healthier Theme of the Caerphilly Single Integrated Plan.

By May 2018, Caerphilly Public Services Board must publish its new Well Being Plan (this will replace the Single Integrated Plan). Work has commenced to produce an Area Assessment of Local Well Being – which is currently out for consultation. This document identifies a number of key issues that the Public Services Board and partners will need to address, to improve well-being across the county borough and develop the 'Caerphilly We Want' over the next 25 years. These issues will be filtered and prioritised to become the building blocks on which the Caerphilly County Borough Well Being Plan 2018 will be based. Consideration needs to be given to the importance of health inequalities within this process and current resources.

The Community Health Champions scheme is currently under review to examine relevancy and capacity/resources to deliver.

### WO3 - Close the gap in life expectancy for residents between the most and least deprived areas in the borough

#### Actions

Title	Comment	RAG	Overall Status	% Complete
01. Develop and implement a Caerphilly response to achieving the actions set out in 'Fit for Future Generations: a childhood obesity strategy for Gwent to 2025' consultation document	<p>The issues raised by this consultation document have been included in the new Caerphilly County Borough Area Assessment of Local Well Being (Draft Nov 2016). This document identifies a number of key issues that the Public Services Board and partners will need to address, to improve well-being across the county borough and develop the 'Caerphilly We Want' over the next 25 years.</p> <p>These issues will be filtered and prioritised to become the building blocks on which the Caerphilly County Borough Well Being Plan 2018 will be based.</p>		In Progress	25
02. Reduce smoking prevalence by increasing uptake of smoking cessation services.	<p>Rates of adult smokers in Caerphilly county borough (21% in 2014/2015) are similar to other areas of Gwent and Wales (20% in 2014/2015). With the exception of Monmouthshire (where the rate remained unchanged), all local authority areas in Gwent have seen a fall in the percentage of adults reporting being a current smoker between 2010/2011 and 2014/2015. This mirrors the trend across Wales over the same period. The rate of adult smokers in the county borough has fallen from 27% in 2007/2008.</p> <p>We also know that the % of children in Wales classed as a regular smoker has fallen since 1998. In Q1 2016/17 Stop Smoking Wales reported 131 treated smokers with 45.8% of these quit at 4 weeks (co-validated) In Q2 2016/17 Stop Smoking Wales reported 109 treated smokers with 48.6% of these quit at 4 weeks (co-validated)</p>		In Progress	50
03. Support Aneurin Bevan University Health Board and Public Health Wales to implement the Living Well Living longer programme (LWLL) across the County Borough	<p>To date, 3,560 eligible residents living in the north of the county borough have attended for a Living Well Living Longer Health Check, across 23 local community venues. • 78(2%) of patients were identified as high risk, with a CVD risk score &gt;20%. 479, (14%) were identified as an increased risk, with a CVD risk score between 10%-20%, and the remaining 84% of patients were less than 10% risk. • 170 citizens were directly referred to Stop Smoking Wales, and 67 eligible citizens with a BMI&gt;30 direct to Adult Weight Management Service. • 15 referrals have been made to National Exercise Referral Scheme and 56 citizens to local NERS. • 5 citizens referred directly for support with Gwent Drug and Alcohol Services. • 1264 citizens were identified with previously undiagnosed health triggers and referred back to the GP Practice for follow up. 193 eligible residents in St James Park 03 LSOA have also attended for a health check, with sessions being held in the Courthouse and Lansbury Park Practices and the St James Integrated Children's Centre.</p>		In Progress	50
04. Promote broader participation in Community based physical activity opportunities	<p>Local community physical activity opportunities have increased via projects such as Communities First, Street Games, Us Girls and Positive Futures</p> <p>The Large Scale Change initiative, which is currently running across the Heads of the Valleys area, has been successful in creating opportunities for females, aged 14-40 to be more active.</p>		In Progress	50
05. Increase residents knowledge by developing the Community Health Champions initiative	<p>This scheme is currently under review. 1 training programme completed with 7 residents from Lansbury Park. 4 new Community Health Champions resulted. Awareness sessions planned throughout the year.</p>		In Progress	25

## WO3 - Close the gap in life expectancy for residents between the most and least deprived areas in the borough

### How much did we do? - Measures

Title	Actual	Target	Intervention	RAG	Comment
01. Number of Community Healthy Lifestyle sessions including Foodwise, Healthy Hearts, Cooking, Biggest Loser and XPOD (pre diabetes)	199.00	190.00	175.00	Green	New Measure in 2016/17. The annual target was originally 468 but was increased to 500 when Community First targets were agreed with WG.
02. Number of participants on Healthy Lifestyle courses	219.00	257.00	200.00	Yellow	New Measure in 2016/17. The annual target was originally 484 but was increased to 514 when Community First targets were agreed with WG.
03. Delivery of Community Health Champion initiative - Number of Champions	177.00	178.00	175.00	Yellow	Annual Target = 187
04. Delivery of Community Health Champion initiative - Number of training sessions	3.00	8.00	5.00	Red	New Measure in 2016/17 Annual Target = 16
05. Delivery of community based self help support for people living with a mild to moderate mental health condition - Number of sessions	415.00	255.00	200.00	Green	New Measure in 2016/17 Annual Target = 510
06. Delivery of community based self help support for people living with a mild to moderate mental health condition - Number of participants	251.00	178.00	150.00	Green	Annual Target = 356
07. Number of people taking part in community based physical activity opportunities	2599.00	1750.00	1500.00	Green	Annual Target = 3500
08. Number of pupils taking part in the National Standards courses delivered within the Schools Cycling programme	496.00	200.00	150.00	Green	New Measure in 2016/17. Annual Target = 400
09. Number of test sales of tobacco to young people carried out	1.00	10.00	5.00	Red	We have an annual target of 20, however test purchase attempts are reliant on receipt of intelligence. If none received the service cannot carry out test purchases. Although we have only carried out 1 test purchase in relation to tobacco we have carried out 17 alcohol test purchases for the period April to September.



### WO3 - Close the gap in life expectancy for residents between the most and least deprived areas in the borough

#### How well did we do it? - Measures

Title	Actual	Target	Intervention	RAG	Comment
01. Number of smokers treated by smoking cessation service	240.00	946.00	700.00	R	Annual Target = 5% of all smokers. Cessation services are also available from pharmacies but this data is not captured here.
02. % Schools that have achieved Healthy Schools accreditation at phase 3 (Qtly accum - Year to date)	95.00	95.00	90.00	G	
03. % of schools working towards the National Quality Award	18.00	20.00	15.00	O	The annual target is 20.
04. Number of childcare settings in Healthy Early Years Scheme - schools (Qtly accum - Year to date)	62.00	32.00	25.00	G	10 settings on waiting list. The annual target is 64.
05. Number of settings that have completed the Healthy & Sustainable Pre-Schools Scheme	15.00	5.00	3.00	G	The annual target is 5.
06. Number of schools achieving the final phase of the Healthy Schools Scheme - 'the Welsh Governments National Quality Award' (Annual)	7.00	9.00	5.00	O	This annual target is 9.

Page 16

#### How well did we do it? - Metric

Title	Actual	Comment
07. Smoker - Adults who reported being a current smoker (age standardised - 16 plus) - Calendar year (two year calendar average)	21.00	Target is 16% by 2020.

**WO3 - Close the gap in life expectancy for residents between the most and least deprived areas in the borough****Other performance information - Metrics**

Title	Actual	Comment
01. % Physically active on 5 or more days in the past week - Age standardised percentage of adults - Caerphilly	26.00	This has decreased from 28% in 2010/11. This is lower than the rest of Gwent and the Wales average.
02. % Adults who reported eating five or more fruit and vegetables the previous day (Age standardised) - Caerphilly	26.00	This has decreased from 29% in 2011/12. This is similar to Blaenau Gwent but lower than the rest of Gwent and the Wales average.
03. % Overweight or obese - Age standardised percentage of adults - Caerphilly	63.00	This is the highest rate in Gwent and higher than any region in England.
04. % Children aged 4/5 years categorised as overweight or obese in Caerphilly	27.00	This is higher than the Gwent average and higher than any regions in England.
05. Gap in healthy life expectancy between the most and least deprived areas across Caerphilly for Males	13.00	For the period 2010 - 2014. This has reduced from 18.6 years in 2005 - 09.
06. Gap in healthy life expectancy between the most and least deprived areas across Caerphilly for Females	14.60	For the period 2010 - 2014. This has reduced by 1.6 years since 2005 - 09.
07. Premature death rates for Adults		This figure will be reported at the end of the year. The overall rates of premature mortality under the age of 75 for both females and males are similar to the Wales average and are improving. Despite this there is variation across the county borough which is related to deprivation and the wider determinants of health and well being associated with it. As deprivation increases so do rates of premature mortality; premature death rates for 2012-14 were 2.1 times higher in the most deprived compared to the least deprived areas for males, and 1.7 times higher for females.
08. Number of residents signposted from screening MOTs to additional services	1577.00	See action number 3 on page 4 for further information.
09. Illegal tobacco campaign - number of enforcements made	6.00	6 intelligence reports received. All actionable and still being investigated.